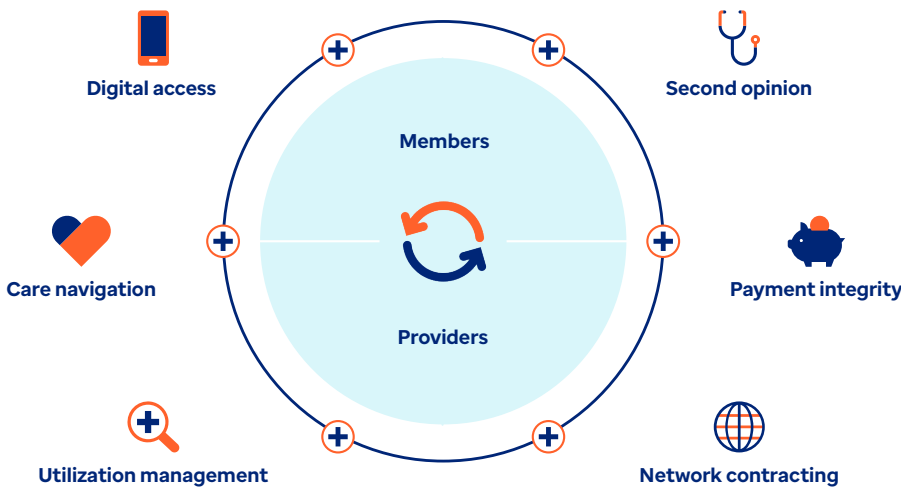


A proven, integrated MSK management solution

Optum® Musculoskeletal Solutions provide member support throughout the entire journey to help improve member outcomes and value. Our holistic approach includes early intervention to promote conservative care, outcomes and utilization monitoring to ensure appropriate treatments, and access to high-value sites of care.

Delivering a modern, 360-degree MSK management solution



Fast facts: MSK conditions

- **50%** of adult Americans live with a musculoskeletal condition¹
- **\$213B** in treatment, care and lost wages annually²
- **75%** of MSK surgeries are avoidable with non-operative care³

MSK solution benefits

- **3:1+** ROI³
- **30+** years of experience
- **90** NPS score for care navigators and 92% satisfaction with nurse care managers
- **110M+** members managed

Savings::

National outpatient rehab network and utilization management | **35%**
 Surgical COE (per procedure) | **28%**
 Spine/Pain/Joint utilization | **10%**
 Focused Claims Review Professional | **14%-28%**

Care navigation

Concierge support to educate on the benefits of local, high-quality ASC and COE networks along with access to nurse care managers for conservative and surgical guidance

Nationwide network

Optum has contracted with 115k therapy and chiropractic providers to ensure access to quality care at negotiated rates³

Utilization management

Supporting delivery of high-quality, evidence-based care through strong relationship with treating providers

Digital tools

A multi-modal solution consisting of physical exercises, education and access to physical therapists

Payment integrity

Specialty physician reviews for accurate coding of facility and professional claims

To learn more, visit optum.com or contact your Optum representative.

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Sources:

1. Hinge Health State of MSK 2022.
2. United States Bone & Joint Initiative. [One in two Americans have a musculoskeletal condition costing an estimated \\$213 billion each year in treatment and lost wages](#) | United States Bone and Joint Initiative. Accessed April 27, 2023. Optum book of business, 2022.
3. Optum proposed and book of business, 2022. Stats determined from aggregated data over several years, single year results may vary, and results may not be typical.