



# Optum – Arizona primary care

Agent guide and providers by location

September 2024

[optum.com/az](https://optum.com/az)

**Optum**



## Clients love us

9 out of 10 clients would refer their friends to an Optum doctor<sup>1</sup>



# Thank you for your ongoing support of Optum – Arizona

This is a very busy and important time of year for all of us. You're focused on making sure your clients are staying healthy and supported by making sure you have what you need to do your job and do it well. Optum – Arizona is grateful to work with you. Together, we can make health care better for everyone.



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**1-520-372-6368, TTY 711**  
**shelby.haspert@optum.com**



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**scott.morris@optum.com**

## Tools for success

We're in this together. To support you in doing your best work, we offer a range of powerful tools and resources.

### Optum Agent Newsletter

Want updates on all things Optum sent straight to your inbox? Sign up for the Optum Agent Newsletter today. Each month, you'll receive the latest news on upcoming events, agent tools and resources. You'll also hear about Optum doctors, clinics, health plans, programs and more. It's a quick and easy way to stay up to date on Optum.



**Scan to register for the Optum Agent Newsletter.**

# Plans that we support

## Blue Cross Blue Shield of Arizona

We accept the following plans from Blue Cross Blue Shield AZ (Maricopa and Pinal counties):

- Blue Best Life Classic (HMO)
- Blue Best Life Plus (HMO)

## Humana

We accept the following Humana plans:

- Humana Choice (PPO) \$119
- Humana Gold Plus (HMO)
- Humana Gold Plus (HMO) \$42
- Humana HMO
- Humana HMO - \$0 Yavapai
- Humana HMO - Healthy Options
- Humana HMO - Yuma
- Humana PPO - \$0 Maricopa, Pima & Pinal
- Humana PPO - \$96 Advantage Alternative
- Humana PPO - Flex Allowance
- Humana PPO - Honor MA Only
- Humana PPO - Part B Give Back
- Humana PPO - USAA Honor MAPD
- Humana PPO - Value Plus Medicare Option

## UnitedHealthcare

We accept the following plans from UnitedHealthcare:

- AARP Medicare Advantage Patriot (PPO)
- AARP Medicare Advantage Plan 1 (HMO-POS)
- AARP Medicare Advantage Plan 2 (HMO-POS)
- AARP Medicare Advantage Plan 3 (HMO-POS)
- AARP Medicare Advantage Plan 4 (HMO-POS)
- AARP Medicare Advantage Plus (HMO-POS)
- AARP Medicare Advantage Walgreens Plan 1 (PPO)
- AARP Medicare Advantage Walgreens Plan 2 (PPO)
- AARP Medicare Advantage Walgreens Plan 3 (PPO)
- UnitedHealthcare Chronic Complete (HMO-POS C-SNP)
- UnitedHealthcare Dual Complete LP (HMO-POS D-SNP)





## Optum provides the care your clients need to live their healthiest lives.



**30+ clinics** are located throughout Phoenix, Tucson and Northern Arizona. Our clinic care teams work to understand your client's health needs and help arrange the care they need to stay healthy. In addition to annual wellness visits with their primary care provider, our clinics help coordinate their other care services and treatments.



**800+ primary care providers and 2700+ specialists across 240+ groups** in our network. This means our members can easily find a primary care provider and specialist close to home. And members get access to treatment that helps keep them healthier. We also offer many resources to our network members. They include a 24/7 nurse line, specialized services for complex care needs and assistance for intricate behavioral health. Supporting your clients' health care goals is what matters most to us.



**7 Optum Community Centers** across Arizona are places where those age 55+ can stay active, be healthy and build relationships. Our community centers offer fitness classes, games and social spaces. All classes are offered at no extra cost and open to the public.



# Working together to improve health, one client at a time

Thank you for supporting Optum and ensuring your community has access to great doctors and high-quality, affordable health care.

## How Optum supports our broker partners

We want to make it easier for you to have all you need to help your clients. That's why we offer resources available to help you, including:

- Optum University
- Access to owned clinic and community for select partners
- Marketing support and collateral
- Networking sessions
- Access to patient liaisons



**Scan the QR code to visit the new broker portal where you can access the CRM, PLU and marketplace**

# We're here to support your client's whole health

With Optum, your client will have access to additional care services like:

- Delivering client-focused care in hospitals, SNFs and clients' homes
- Programs that help clients get what they need
  - Transitions of care (CSC team)
  - Social services
  - Specialized illness management programs
- Care and medicine support programs that optimize health results
- Complex behavioral health
- Programs designed to improve quality of life while getting care
- Dedicated home health (Assisted Home Health)
- Specialized in-home wound care (WoundTech)
- Mobile urgent care (DispatchHealth)
- Annual wellness visits
- Optum community center programming including classes, health education, events and more

## Care management programs



### Collaborative care for your patients

Our team of nurses, pharmacists, social workers and health educators work with each patient to develop a care plan that meets their medical and social needs.



### Disease and chronic care programs<sup>2</sup>

We teach patients how to manage conditions such as congestive heart failure, chronic obstructive pulmonary disease, kidney disease and diabetes.



### Case management<sup>2</sup>

Our team consists of registered nurses, social workers, licensed vocational nurses and health advocates.



### Hospitalist and post-discharge programs<sup>2</sup>

Our hospitalists and case managers oversee the care of clients while they're in the hospital or a skilled nursing facility.



### Palliative and supportive care<sup>2</sup>

These specialized programs are most commonly utilized for clients and their families facing advanced stages of metastatic cancer, chronic diseases or cognitive impairment.



# Community center whole-health programs



Our centers were created just for people age 55+. Your client can stay active, be healthy and make friends. We focus on 4 areas of wellness:

- 1. Staying social:** Our centers are designed to feel like home. We have spaces for playing games and meeting new friends.
- 2. Keeping your body active:** We have workout classes for all levels of fitness. We have dance classes, yoga classes and tai chi.
- 3. Working on your brain health:** We have classes where your client can learn a new skill or how to use a computer.
- 4. Emotional support:** We understand everyone has challenges in their lives. Your client can join a class about how to take care of stress. They can talk to others who are going through similar life changes.

All classes are offered at no extra cost. They are open to ages 55+.



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Scan the QR code for more information, or visit  
**[optum.com/azcommunitycenters](https://optum.com/azcommunitycenters)**



To schedule a community center tour for you and your clients, please email Shelby Haspert at **[shelby.haspert@optum.com](mailto:shelby.haspert@optum.com)**

# Community center

## Class descriptions

Our centers offer a wide variety of classes. Below are descriptions for some of our most popular classes.

- 30+ different classes/groups available each month across all centers
- 5-6 different classes per day/average 30 classes per center per week
- Programming from 8:30 a.m.-3:30 p.m. each weekday
- Clients do not need to register or RSVP for a class

### Art workshop

This class is a great way to expand your understanding of art. Classes include painting, print making, sketching, water color and pencil art. No supplies needed.

### Arts and crafts

We offer a variety of activities involving making things with one's own hands.

### Beading class

Do you enjoy working with your hands and making beaded items? Learn how to make necklaces, bracelets, decorative pieces and other crafts. Our instructor makes this class fun and easy to follow. No supplies needed.

### BrainSavers

BrainSavers focuses on healthy brain activities. These include exercise, lowering stress, healthy eating, socializing and memory exercises.

### Chair dance

This class combines fitness and fun while learning dance routines with the support of a chair.

### Chair drumming

This class will guide you through simple and fun rhythmic drumming. Sticks will be provided, and no experience is needed.

### Circuit training

Circuit Training will work all of your muscle groups. This 60-minute workout is taught by one of our certified fitness specialists. An orientation is required prior to taking this class.

### Conversational Spanish

Join us to learn the basics of conversational Spanish.

### Grief support

Grief affects people in different ways. Being around others can be healing. You can express your feelings and talk with others in this group setting.

### Healthy Minds

Learn skills to help reduce emotional stress and improve overall health.

### Lifebio

Write your own life story. Join a guided conversation to help bring about memories and life experiences.

### Line dancing (beginners and advanced)

Learn new and popular line dances for beginners while having fun and getting fit.

# Community center

## Class descriptions

### Medicare basics

Do you have family or friends preparing to sign up for Medicare? This is a no-cost event for the general public to learn more. For educational purposes only. No health plan specific benefits or details will be shared.

### Nutrition 101

Learn the basics for a healthier diet.

### Pilates

Pilates is for all abilities. Pilates focuses on the basics needed for overall health. Some of the moves have been modified with a chair, band and ball.

### Qigong yoga

Mindful movements combined with breathing that helps balance daily energy levels while gently increasing balance, range of motion and flexibility.

### Sound healing

Sound healing can reduce your stress and anxiety, improve your sleep and create a deep sense of wellbeing.

### Stand, sit and be fit

This fitness program is for all fitness levels while standing or sitting. Light weights, rubber bands and fitness balls are used to get a full body workout.

### Staying healthy & active after 55

Health, safety and other professionals will discuss many important topics intended for those age 55 or older. Please join us monthly for educational presentations on a variety of topics, including fall prevention, immunizations, osteoporosis and more.

### Stress management and calming the mind

Have you ever felt like your mind is racing? Or you can't sleep because you can't turn your mind off? Calming your mind can have important health benefits. These include lower stress, more happiness and overall peace. This class teaches the basic techniques needed to help you relax.

### Stretch and balance

Learn exercises to help you be more aware of your body and movement.

### Tai Chi

This class consists of slow, gentle, flowing movements aimed at reducing stress.

### Technology class

This class teaches the basics of laptops, smartphones and tablets using your own device.

### The 3 M's

This class blends low impact and strength training exercises, as well as Pilates and yoga.

### Yogalates

This class blends a traditional yoga practice with Pilates mat and floor-based exercises.

**Please bring your own yoga mat.**

### Zumba

Zumba is a Latin-inspired dance class that offers a fun full-body workout. This program is low impact and easy to follow.



# How an Optum community center changed Margaret's life

Sometimes one choice can change your life. With the help of her doctor and community center, Margaret changed her life for the better.

Throughout the years, Margaret has been through mental hardships. In 1999, her life was turned upside down when her dad passed away, and in 2002 her mom passed away. Then shortly after, her friend passed away.

Margaret found herself struggling mentally. To make matters worse, her health started to decline. She had 3 surgeries, 3 years in a row.



## The choice that changed her life

At every visit, Dr. Goldansky handed Margaret a flyer about her local Optum Community Center.

Margaret chose to ignore the flyer, until one day something clicked. She was driving by the community center.

She took a chance and went in. And she hasn't looked back since.

For Margaret, Optum is a place where you can walk in and the team just takes care of you. Our doctors' approach to care isn't someone just punching the numbers. It's thinking about the whole person.

Margaret loves to be a part of the community. "I just found a place here that makes me happy, that keeps me going. It makes me want to be a better person. I want to be active in the community."

She goes to the center 4 times a week. She puts a smile on everyone's face when she enters the room. She even met some of her best friends at the center.

"The community center gave her a family. People know who she is when she walks into the community center. She has a great social circle," says Dr. Goldansky. "She looks forward to going there every week."

I just found a place here that makes me happy, that keeps me going. It makes me want to be a better person. I want to be active in the community.

—Margaret

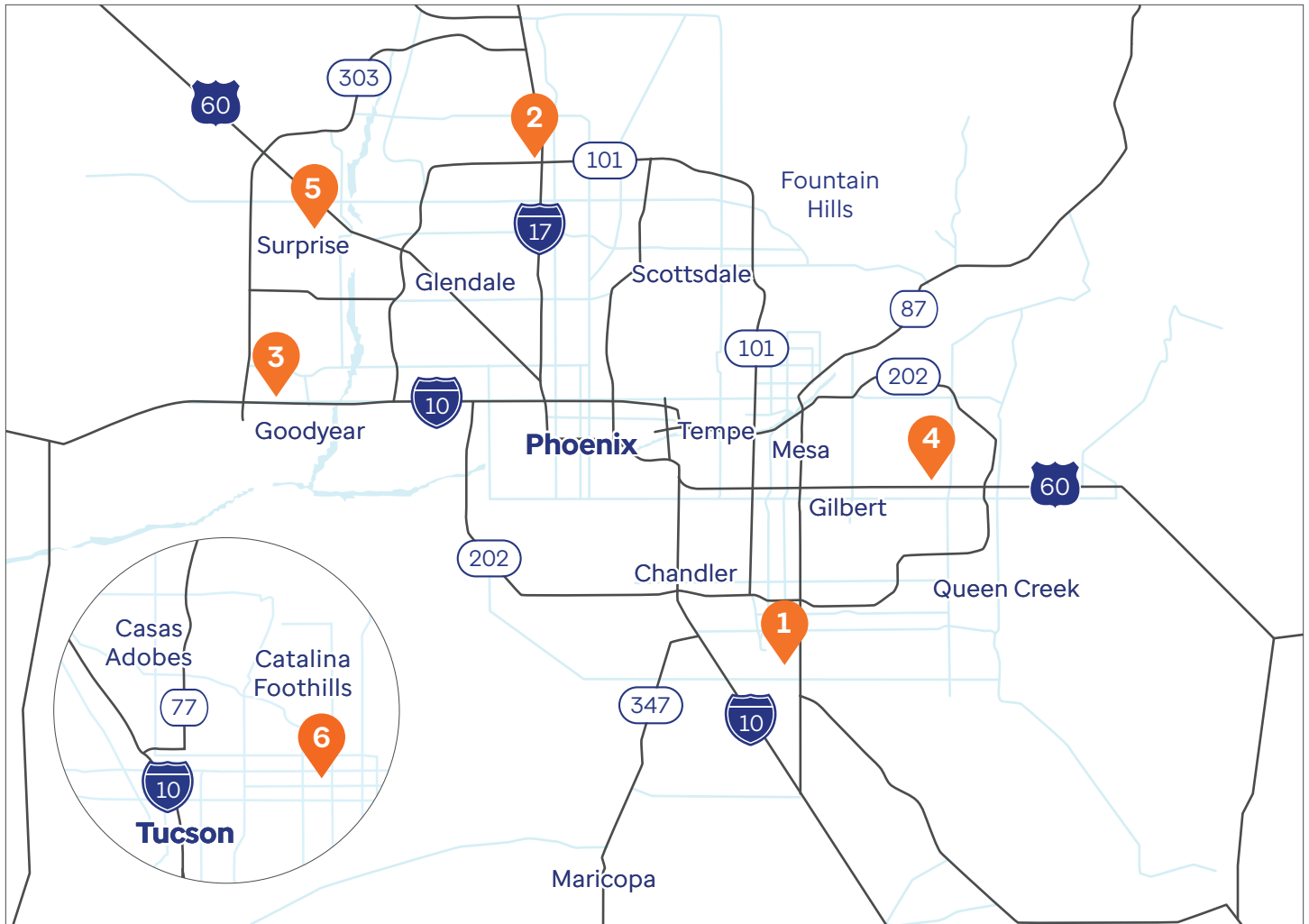


We have virtual classes for clients who can't go to an Optum community center. Visit the link to see a collection of our most popular classes.

[optum.com/virtualcommunitycenter](https://optum.com/virtualcommunitycenter)

# Optum community centers

## Arizona



**1. Chandler**

985 W. Chandler Heights Rd.  
Ste. 12  
Chandler, AZ 85248

**3. Goodyear**

1981 N. Pebble Creek Pkwy.  
Ste. 8  
Goodyear, AZ 85395

**5. Surprise**

15800 N. Litchfield Rd.  
Surprise, AZ 85374

**2. Deer Valley**

20414 N. 27th Ave., Ste. 100  
Phoenix, AZ 85027

**4. Mesa**

6005 E. Southern Ave.  
Mesa, AZ 85206

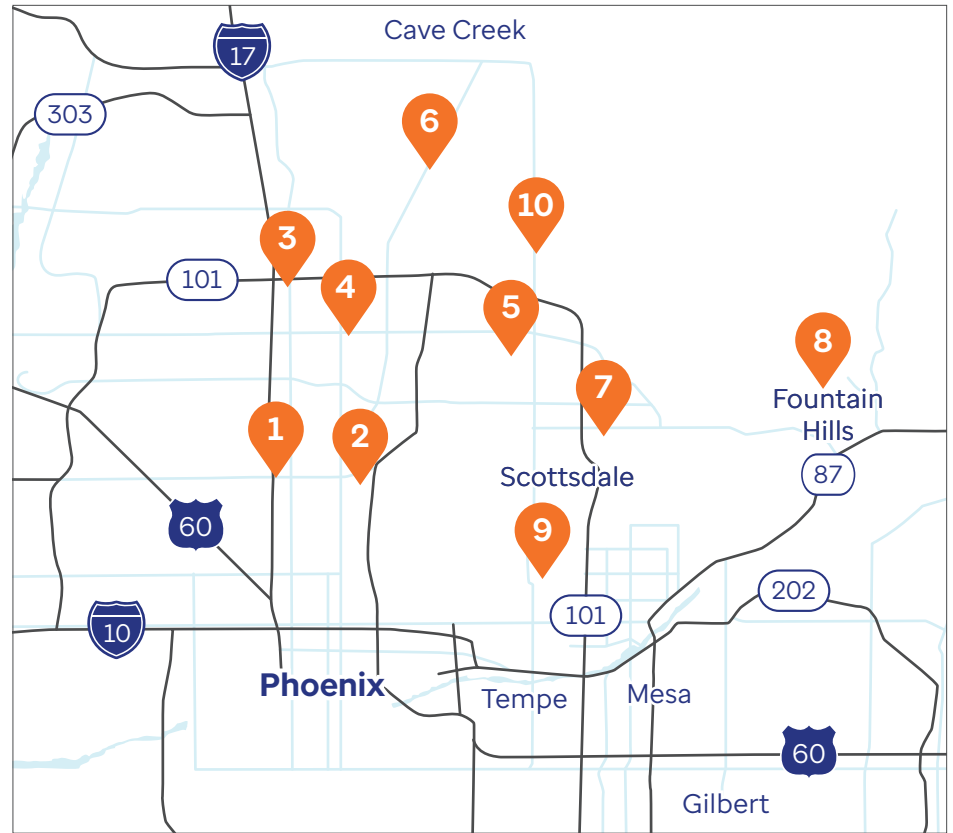
**6. Tucson**

4780 E. Grant Rd.  
Tucson, AZ 85712

# Optum Primary Care (OPC) clinics

## Central and North Valley

- 1. OPC – Black Canyon**  
 8041 N. Black Canyon Hwy.  
 Phoenix, AZ 85021  
**1-602-249-0115, TTY 711**  
*Will be moving to  
 Metro Center – opening  
 October 29, 2024.*  
 9801 N. Metro Pkwy E.  
 Phoenix, AZ 85051
- 2. OPC – N. 15th St.**  
 7600 N. 15th St.  
 Phoenix, AZ 85020  
**1-602-200-3800, TTY 711**
- 3. OPC – Deer Valley**  
 20041 N. 19th Ave., Ste. A  
 Phoenix, AZ 85027  
**1-623-869-5000, TTY 711**
- 4. OPC – Moon Valley**  
 1107 E. Bell Rd.  
 Phoenix, AZ 85022  
**1-602-567-4800, TTY 711**
- 5. OPC – Greenway**  
 6501 E. Greenway Pkwy.  
 Scottsdale, AZ 85254  
**1-480-948-9903, TTY 711**
- 6. OPC – Cave Creek**  
 30845 N. Cave Creek Rd.  
 Ste. 101  
 Cave Creek, AZ 85331  
**1-480-488-9220, TTY 711**



- 7. OPC – Shea**  
 9590 E. Ironwood Square Dr.  
 Ste. 125  
 Scottsdale, AZ 85258  
**1-480-455-3000, TTY 711**
- 8. OPC – Fountain Hills**  
 16838 E. Palisades Blvd.  
 Bldg. C, Ste. 153  
 Fountain Hills, AZ 85268  
**1-480-816-3131, TTY 711**
- 9. OPC – Miller**  
 7534 E. 2nd St.  
 Scottsdale, AZ 85251  
**1-480-947-5454, TTY 711**
- 10. OPC – N. Scottsdale Rd./  
 Deer Valley**  
 21803 N. Scottsdale Rd.  
 Ste. 125  
 Scottsdale, AZ 85255  
**1-602-837-7491, TTY 711**



# Optum Primary Care (OPC) clinics

## West Valley

### 11. OPC – Goodyear

3090 N. Litchfield Rd.  
Goodyear, AZ 85395  
**1-623-526-0707, TTY 711**

### 12. OPC – Sun City

10249 W. Thunderbird Blvd.  
Ste. 100  
Sun City, AZ 85351  
**1-623-972-1151, TTY 711**

### 13. OPC – Surprise

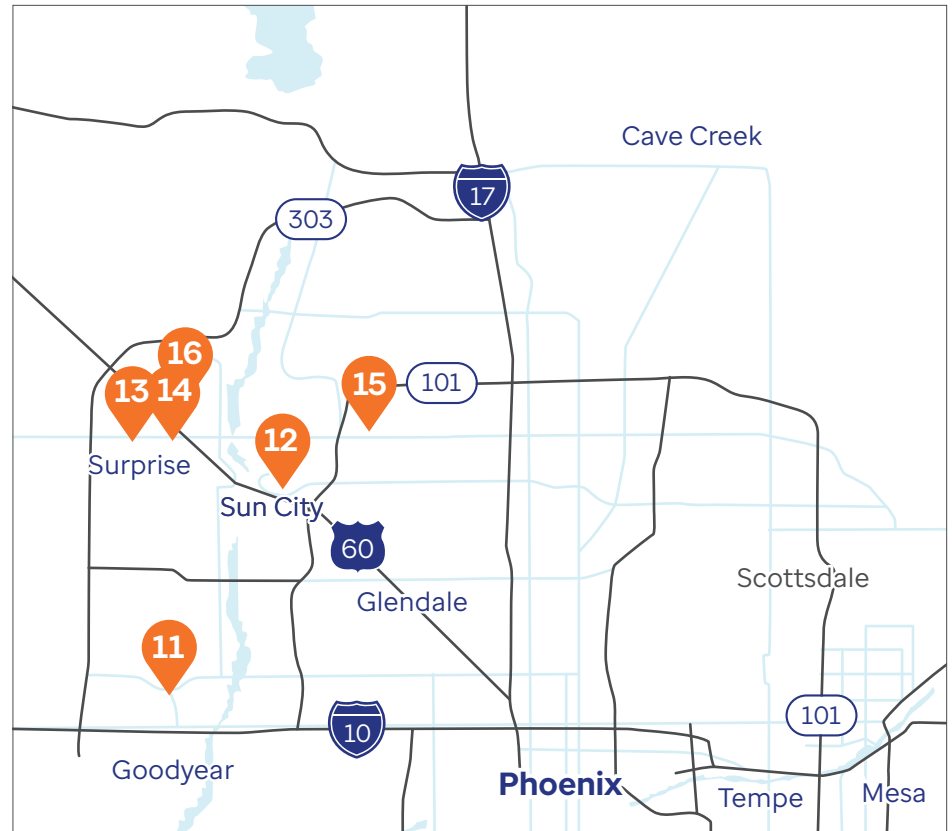
15021 W. Bell Rd., Ste. 125  
Surprise, AZ 85374  
**1-623-691-7748, TTY 711**

### 14. OPC – Surprise – W. Bell Rd./Parkview Pl.

14973 W. Bell Rd., Ste. 100  
Surprise, AZ 85374  
**1-623-815-2900, TTY 711**

### 15. OPC – Glendale

17218 N. 72nd Dr., Ste. 100  
Glendale, AZ 85308  
**1-623-334-8671, TTY 711**



### 16. OPC – Meeker Blvd.

14418 W. Meeker Blvd.  
Ste. 210  
Sun City West, AZ 85375  
**1-623-544-8400, TTY 711**

# Optum Primary Care (OPC) clinics East Valley

## 17. OPC – Baseline

3048 E. Baseline Rd.  
Ste. 120  
Mesa, AZ 85204  
**1-480-505-3276, TTY 711**

## 18. OPC – Warner Rd.

2905 W. Warner Rd., Ste. 12  
Chandler, AZ 85224  
**1-480-831-8457, TTY 711**

## 19. OPC – Chandler

600 S. Dobson Rd.  
Ste. D-27  
Chandler, AZ 85224  
**1-480-496-0000, TTY 711**

## 20. OPC – Dobson

1100 S. Dobson Rd.  
Ste. 100  
Chandler, AZ 85286  
**1-480-347-4300, TTY 711**

## 21. OPC – Gilbert

3420 S. Mercy Rd., Ste. 101  
Gilbert, AZ 85297  
**1-480-899-4420, TTY 711**



## 22. OPC – San Tan

36283 N. Gantzel Rd.  
Ste. 101  
San Tan Valley, AZ 85140  
**1-480-899-4420, TTY 711**

## 23. OPC – Maricopa

21300 N. John Wayne Pkwy.  
Ste. 123  
Maricopa, AZ 85139  
**1-520-494-7778, TTY 711**

# Optum Primary Care (OPC) clinics

## Northern Arizona

### 24. OPC – N. Fourth St.

2001 Fourth St.  
Flagstaff, AZ 86004  
**1-928-527-4325, TTY 711**

### 25. OPC – Yale St.

1501 S. Yale St., Bldg. 2  
Ste. 150  
Flagstaff, AZ 86001  
**1-928-527-4325, TTY 711**

### 26. OPC – Cottonwood

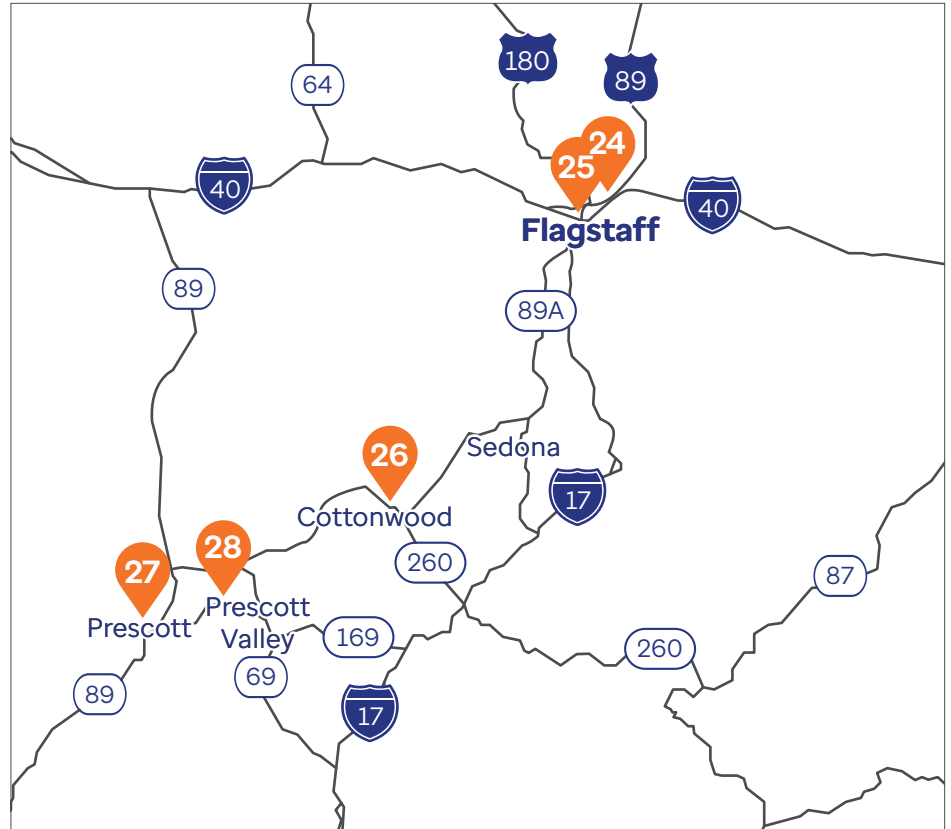
203 S. Candy Ln.  
Ste. 13 A-B  
Cottonwood, AZ 86326  
**1-928-649-1389, TTY 711**

### 27. OPC – Prescott

1151 Iron Springs Rd., Ste. F  
Prescott, AZ 86305  
**1-928-612-2368, TTY 711**

### 28. OPC – Prescott Valley

3190 N. Windsong Dr.  
Prescott Valley, AZ 86314  
**1-928-800-5701, TTY 711**





# Optum Primary Care (OPC) clinics Greater Tucson

## 29. OPC – Ina

1669 W. Ina Rd., Ste. 141  
Tucson, AZ 85704  
**1-520-795-6183, TTY 711**

## 30. OPC – East Grant

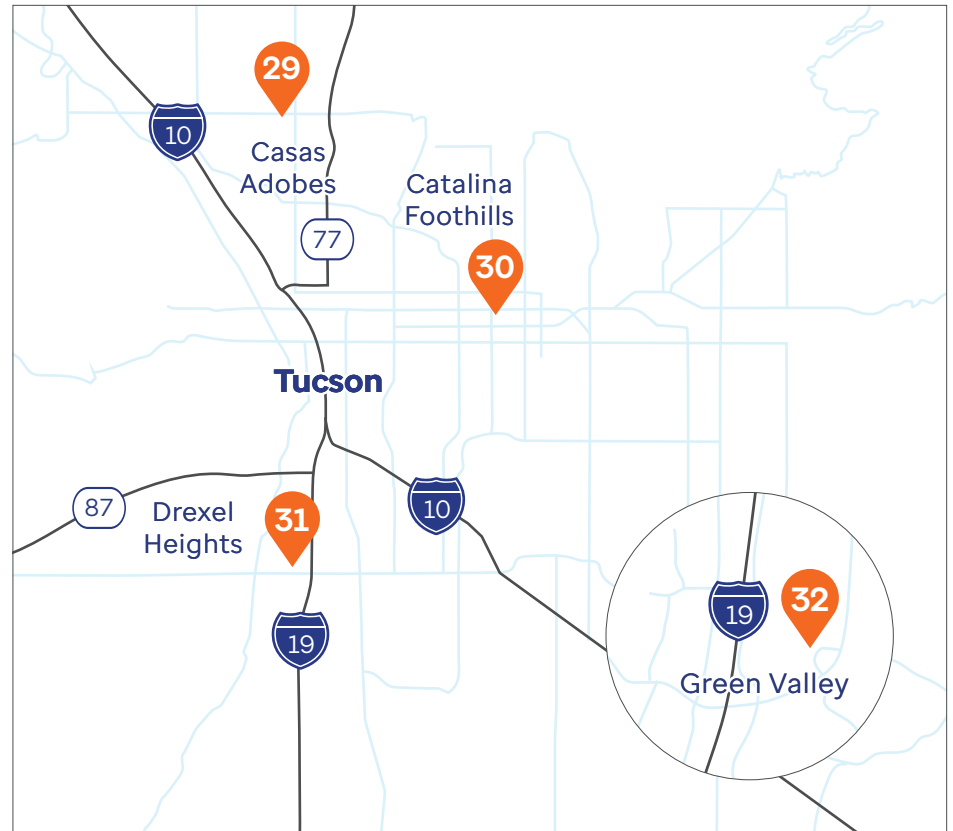
4730 E. Grant Rd.  
Tucson, AZ 85712  
**1-520-290-0300, TTY 711**

## 31. OPC – Midvale

1460 W. Valencia Rd.  
Tucson, AZ 85746  
**1-520-573-0966, TTY 711**

## 32. OPC – Green Valley

695 S. Pecan Tree Ln.  
Green Valley, AZ 85614  
**1-520-625-8116, TTY 711**





## **Providers at Optum Primary Care clinics**

Find Optum clinics and learn about  
the doctors at each site.

# Optum Primary Care (OPC) providers

## Central and North Valley

### OPC – Black Canyon

8041 N. Black Canyon Hwy., Ste. 1  
Phoenix, AZ 85021  
**1-602-249-0115, TTY 711**



#### **Neda Azizian, MD**

Dr. Neda Azizian is an internal medicine physician. She attended medical school at American University of Antigua College of Medicine, and she completed her residency at NYC Health + Hospitals/Woodhull. Dr. Azizian's care philosophy is marked by emphasizing a strong provider-patient relationship to promote long-term health and well-being.

**NPI:** 1225591068  
**United:** 251935429  
**Humana:** 404103  
**AZ Blue:** 1225591068



#### **Philip Kaczar, MD**

Dr. Philip Kaczar is an internal medicine physician, in practice for 26 years. He attended medical school at Loyola Stritch School of Medicine, and he completed his residency at Baylor College of Medicine. Over his long career, Dr. Kaczar practices with a keen focus on establishing and maintaining a strong doctor-patient relationship.

**NPI:** 1235189077  
**United:** 25193-4031  
**Humana:** 396191  
**AZ Blue:** 1235189077



#### **Tom Matthew, MD**

**NPI:** 1841873437  
**AZ Blue:** 1841873437

# Optum Primary Care (OPC) providers

## Central and North Valley

### OPC – Black Canyon, cont.



**Scott Steingard, DO**

Dr. Scott Steingard is a family practice physician. He attended medical school at Ohio University College of Osteopathic Medicine, and he completed his fellowship at the Center for Sports Medicine and Orthopedics in Phoenix, AZ. Dr. Steingard believes in caring for the whole patient. This promotes the provider-patient relationship and overall well-being.

**NPI:** 1770570129

**United:** 7157400107

**AZ Blue:** 1770570129



**Roger Conant, NP**

**NPI:** 1487219317

**United:** 251935567

**Humana:** 078778

**AZ Blue:** 1487219317



**Maureen Hamel-Schwartz, PA-C**

**NPI:** 1740232057

**AZ Blue:** 1740232057



**Kregg Lemon, PA-C**

**NPI:** 1194426452

**United:** 0251935329

**AZ Blue:** 1194426452



**Tiffany Tapia, PA-C**

**NPI:** 1629065206

**United:** 00010565480

**AZ Blue:** 1629065206



# Optum Primary Care (OPC) providers

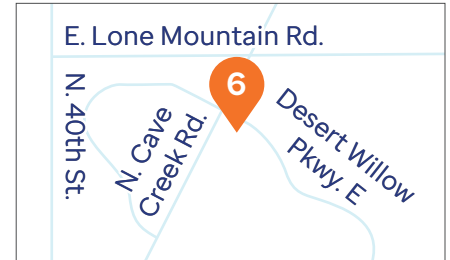
## Central and North Valley

### OPC – Cave Creek

30845 N. Cave Creek Rd., Ste. 118-05  
Cave Creek, AZ 85331  
**1-480-488-9220, TTY 711**



**Alicia Earley, APRN**



**NPI:** 1053626648  
**United:** 251935741  
**Humana:** 360902  
**AZ Blue:** 1053626648

### OPC – Deer Valley

20041 N. 19th Ave., Ste. A  
Phoenix, AZ 85027  
**1-623-869-5000, TTY 711**



**Cavarlez Cowden, MD**



**NPI:** 1992385090  
**AZ Blue:** 1992385090



**Bruce Herman, MD**

Dr. Bruce Herman specializes in geriatric and internal medicine. He attended medical school at Medical College of Wisconsin, and he completed his residency at Mount Sinai Medical School in Milwaukee. Dr. Herman helps his patients fully understand each step of their care. He also makes sure they're educated about their own health.

**NPI:** 1801894951  
**United:** 25193-4947  
**Humana:** 064748  
**AZ Blue:** 1801894951

# Optum Primary Care (OPC) providers

## Central and North Valley

### OPC – Deer Valley, cont.



#### **Tara Ostrom, MD, FACP**

Dr. Tara Ostrom is an internal medicine physician. She attended medical school at Keck School of Medicine, University of Southern California, and she completed her residency at St. Joseph's Hospital and Medical Center. Dr. Ostrom strives to make her patients part of their own care journey. She makes sure they understand every step of their own care.

**NPI:** 1124017009  
**United:** 25193-4150  
**Humana:** 305177  
**AZ Blue:** 1124017009



#### **Marie Rink, MD**

Dr. Marie Rink is an internal medicine physician. She attended medical school at University of New Mexico School of Medicine, and she completed her residency at St. Joseph's Hospital and Medical Center. Dr. Rink strives to give compassionate, understanding care. She enjoys partnering with patients on their wellness journey.

**NPI:** 1316936297  
**United:** 25193-2990  
**Humana:** 306003  
**AZ Blue:** 1316936297



#### **Joseph Hall, APRN**

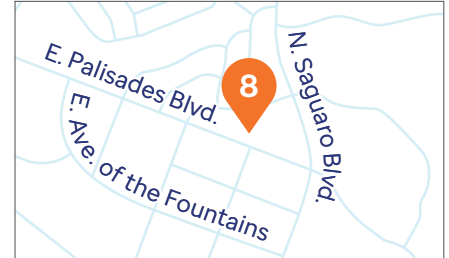
**NPI:** 1326552910  
**AZ Blue:** 1326552910

# Optum Primary Care (OPC) providers

## Central and North Valley

### OPC – Fountain Hills

16838 E. Palisades Blvd., Bldg. C, Ste. 153  
Fountain Hills, AZ 85268  
**1-480-816-3131, TTY 711**



**Jodi Novak, DO**

**NPI:** 1659371425  
**United:** 25193-4350  
**Humana:** 966913  
**AZ Blue:** 1659371425



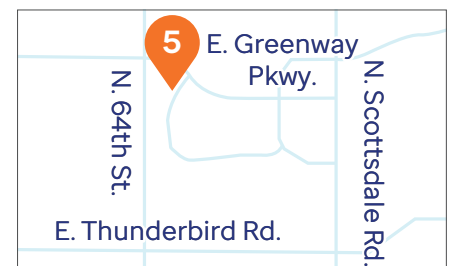
**Parminder Sidhu, MD**

Dr. Parminder Sidhu is a board-certified internal medicine physician. He attended medical school at Government Medical College in Patiala, India, and he completed his residency at New York Methodist Hospital in Brooklyn. Dr. Sidhu believes in helping his patients live long, healthy lives. He also has experience in the care of chronic (long-lasting) health problems.

**NPI:** 1629379904  
**United:** 25193-4844,  
0251935519,  
0251935574  
**Humana:** 966919  
**AZ Blue:** 1629379904

### OPC – Greenway

6501 E. Greenway Pkwy.  
Scottsdale, AZ 85254  
**1-480-948-9903, TTY 711**



**Gerald Bush, MD**

Dr. Gerald Bush is an internal medicine physician. He attended medical school at the University of Arizona, and he completed his residency at Good Samaritan Internal Medicine (now Banner University Medical Center). Dr. Bush believes in promoting an active lifestyle to encourage overall health and well-being.

**NPI:** 1811087653  
**United:** 25193-4892  
**Humana:** 16248  
**AZ Blue:** 1811087653

# Optum Primary Care (OPC) providers

## Central and North Valley

### OPC – Greenway, cont.



#### **Shilpa Gujrathi, MD**

Dr. Shilpa Gujrathi is a board-certified family medicine physician. She attended medical school at University of Manitoba, Canada, and she completed her residency at University of Massachusetts, Worcester. Dr. Gujrathi is a strong proponent of long-term preventive care. She believes a strong doctor-patient bond gives the best chance for positive health results.

**NPI:** 1528056967  
**United:** 25193-4634,  
251935541  
**Humana:** 473232  
**AZ Blue:** 1528056967



#### **Jyothi Krishnamurthy, MD**

**NPI:** 1861597734  
**United:** 0251935582  
**AZ Blue:** 1861597734



#### **Rama Vasireddy, MD**

Dr. Rama Vasireddy is an internal medicine physician. She attended medical school at Guntur Medical College in Guntur, India, and she completed her residency at Wyckoff Heights Medical Center in Brooklyn.

**NPI:** 1871606673  
**United:** 25193-4521,  
251935578  
**Humana:** 684707  
**AZ Blue:** 1871606673



#### **Beena Achuthan Pillai, NP**

**NPI:** 1841951852  
**United:** 251935585  
**Humana:** A18463  
**AZ Blue:** 1841951852

# Optum Primary Care (OPC) providers

## Central and North Valley

### OPC – Miller

7534 E. 2nd St.  
Scottsdale, AZ 85251  
**1-480-947-5454, TTY 711**



#### Erica Grabinski, DO

Dr. Erica Grabinski is an internal medicine physician. She attended medical school at Marian University College of Osteopathic Medicine, and she completed her residency at Mountain Vista Medical Center Internal Medicine Residency. Dr. Grabinski is passionate about promoting preventive medicine and providing personalized care.

**NPI:** 1780176404  
**United:** 251935558  
**AZ Blue:** 1780176404

### OPC – Moon Valley

1107 E. Bell Rd.  
Phoenix, AZ 85022  
**1-602-567-4800, TTY 711**



#### Gustavo Riffel, MD

Dr. Gustavo Riffel is an internal medicine physician. He attended medical school at University of Buenos Aires, Argentina, and he completed his residency at St. John's Episcopal Hospital in Far Rockaway, New York. Dr. Riffel offers care for many different medical issues. That includes both short-term and long-lasting illnesses.

**NPI:** 1588068415  
**United:** 25193-3837,  
251933837  
**Humana:** 628272  
**AZ Blue:** 1588068415



# Optum Primary Care (OPC) providers

## Central and North Valley

### OPC – Moon Valley, cont.



**Elizabeth Becker, PA-C**

**NPI:** 1699085274

**United:** 0251935926

**AZ Blue:** 1699085274



**Rosa Tschetter, APRN**

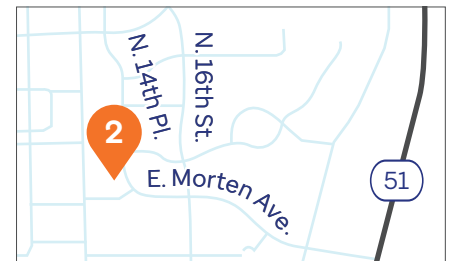
**NPI:** 1417733700

**United:** 0251935954

**AZ Blue:** 1417733700

### OPC – N. 15th St.

7600 N. 15th St., Ste. 190  
Phoenix, AZ 85020  
**1-602-200-3800, TTY 711**



**Daniel Abelev, MD**

Dr. Daniel Abelev is a family medicine physician. He attended medical school at St. Louis University School of Medicine, and he completed his residency at Penn State Health Family and Community Medicine. Dr. Abelev is a fierce proponent of evidence-based care. He prides himself on his patient-first focus.

**NPI:** 1417573163

**United:** 251935555

**Humana:** A30031

**AZ Blue:** 1417573163



**Ernie Riffer, MD**

Dr. Ernie Riffer is an internal medicine physician. He attended medical school at the University of Illinois, and he completed his residency at Good Samaritan Medical Center in Phoenix (now Banner – University Medical Center). Dr. Riffer's primary practice focus is helping his patients maintain long-term healthy habits.

**NPI:** 1134284268

**United:** 251935544

**AZ Blue:** 1134284268

# Optum Primary Care (OPC) providers

## Central and North Valley

### OPC – N. 15th St., cont.



**Shawn Dunmire, APRN**

**NPI:** 1083359962  
**United:** 251935514  
**Humana:** A30011  
**AZ Blue:** 1083359962

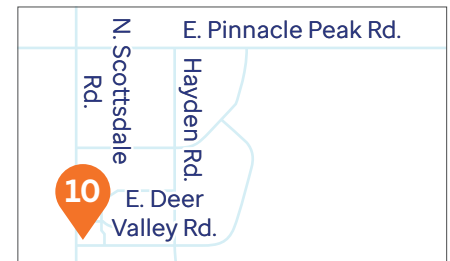


**Dorothy Trimmer, NP**

**NPI:** 1891756045  
**United:** 251935537  
**AZ Blue:** 1891756045

### OPC – N. Scottsdale Rd./Deer Valley

21803 N. Scottsdale Rd., Ste. 125  
Scottsdale, AZ 85255  
**1-602-837-7491, TTY 711**



**James Vogt, MD**

Dr. James Vogt is an internal medicine physician. He attended Chicago Medical School's Rosalind Franklin University of Medicine & Science, and he completed his residency at the University of Wisconsin in Appleton. Dr. Vogt believes in the health benefits of a physically active life. He supports such healthy habits in his patients.

**NPI:** 1740332352  
**United:** 1323988,  
251935215  
**Humana:** 076641  
**AZ Blue:** 1740332352



**Christopher Szoke, NP**

**NPI:** 1497852396  
**AZ Blue:** 1497852396

# Optum Primary Care (OPC) providers

## Central and North Valley

### OPC – Shea

9590 E. Ironwood Square Dr., Ste. 120 and 125  
Scottsdale, AZ 85258  
**1-480-455-3000, TTY 711**



#### Fida Sawalha, MD

Dr. Fida Sawalha is a board-certified endocrinologist. She attended medical school at the University of Jordan, and she completed her residency at SUNY at Buffalo University. Dr. Sawalha's 20-year career has been guided by evidence-based care focusing on diabetes and obesity management.

**NPI:** 1750545422  
**United:** 251935908  
**Humana:** A30032  
**AZ Blue:** 1750545422



#### Satyadevi Sista, MD

Dr. Satyadevi Sista is a family medicine physician. She attended medical school at Guntur Medical College, an affiliate of NTR University of Health Sciences, Vijayawada in India, and she completed her residencies at Louisiana State University Medical Center and University of Massachusetts. Dr. Sista believes in emphasizing preventive care and personalization.

**NPI:** 1275632044  
**United:** 25193-4594,  
251935534  
**Humana:** 332361  
**AZ Blue:** 1275632044



#### Laura Burrows, APRN

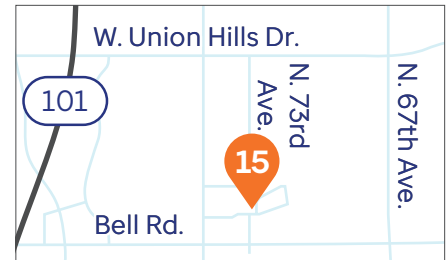
**NPI:** 1518579135  
**United:** 0333943432  
**Humana:** A56214  
**AZ Blue:** 1518579135

# Optum Primary Care (OPC) providers

## West Valley

### OPC – Glendale

17218 N. 72nd Dr., Ste. 100  
Glendale, AZ 85308  
1-623-334-8671, TTY 711



**Saman Manzouri, DO**

**NPI:** 1750686614  
**AZ Blue:** 1750686614



**Amar Sharma, MD**

Dr. Amar Sharma is an internal medicine physician. He attended medical school at Guru Gobind Singh Medical College in Punjab, India, and he completed his residency at Maricopa Medical Center. Dr. Sharma thinks of himself as an educator as well as a doctor. He likes to help his patients learn to keep their own health needs safe.

**NPI:** 1790719367  
**United:** 32064-0269,  
251935547  
**AZ Blue:** 1790719367



**Kimberly Brabentz, PA-C**

**NPI:** 1437120300  
**United:** 0251935571  
**Humana:** A30007  
**AZ Blue:** 1437120300

# Optum Primary Care (OPC) providers

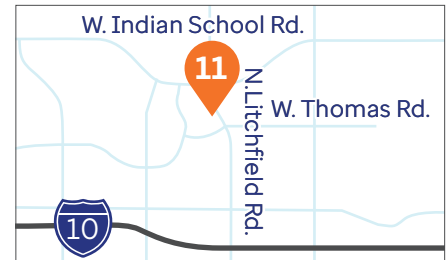
## West Valley

### OPC – Goodyear

3090 N. Litchfield Rd.  
Goodyear, AZ 85395  
**1-623-526-0707, TTY 711**



**Richelle Radzykewycz, APRN**



**NPI:** 1700583341  
**United:** 251935522  
**Humana:** A30036  
**AZ Blue:** 1700583341

### OPC – Meeker

14418 W. Meeker Blvd., Ste. 210  
Sun City West, AZ 85375  
**1-623-544-8400, TTY 711**



**Jalal Abbas, MD**



**NPI:** 1205895034  
**United:** 0251935402  
**Humana:** A30018  
**AZ Blue:** 1205895034



**Dilip Dhadvai, MD**

Dr. Dilip Dhadvai is an internal medicine physician. He attended medical school at Osmania College in India, and he completed his residency at New York's Catholic Medical Center. Dr. Dhadvai focuses on preventive medicine. He prides himself on delivering compassionate care.

**NPI:** 1497861181  
**United:** 251935894  
**Humana:** A30010  
**AZ Blue:** 1497861181

# Optum Primary Care (OPC) providers

## West Valley

### OPC – Meeker, cont.



**Rommel Mesola, MD**

**NPI:** 1104979269  
**United:** 0251936033  
**Humana:** A63132  
**AZ Blue:** 1104979269



**Theresa Krueger-Junk, APRN**

**NPI:** 1225400500  
**United:** 0333943283  
**Humana:** 073920  
**AZ Blue:** 1225400500

### OPC – Sun City

10249 W. Thunderbird Blvd., Ste. 100  
Sun City, AZ 85351  
**1-623-972-1151, TTY 711**



**Rajesh Bhakta, MD**

Dr. Rajesh Bhakta is a board-certified physician specializing in internal medicine. He attended medical school at American University of Caribbean, and he completed his residency at Maricopa Medical Center. In his practice, Dr. Bhakta focuses on preventive care. He offers personalized advice for each patient's issues.

**NPI:** 1023077872  
**United:** 25193-4672,  
0251935532,  
0251935566  
**Humana:** 444399  
**AZ Blue:** 1023077872



**Nicole Calma, APRN**

**NPI:** 1043894512  
**United:** 251935565  
**Humana:** A30022  
**AZ Blue:** 1043894512



# Optum Primary Care (OPC) providers

## West Valley

### OPC – Sun City, cont.



**Crisanto Melchor, APRN**

**NPI:** 1427535582  
**United:** 251935560  
**Humana:** A30042  
**AZ Blue:** 1427535582

### OPC – Surprise

15021 W. Bell Rd., Ste. 125  
Surprise, AZ 85374  
**1-623-691-7748, TTY 711**



**Michael Kleven, DO**

Dr. Michael Kleven is a family medicine physician. He attended medical school at Arizona College of Osteopathic Medicine, and he completed his residency at Mesa General Hospital. Dr. Kleven makes sure his patients fully understand each step of their care. He believes it's important for positive long-term health outcomes.

**NPI:** 1447323423  
**United:** 25193-4171,  
0251935529,  
0251935573  
**Humana:** 398967  
**AZ Blue:** 1447323423



**Naomi Jimenez, NP**

**NPI:** 1083189112  
**Humana:** A30015  
**AZ Blue:** 1083189112



**Rebecca Polkabila, PA**

**NPI:** 1649583238  
**United:** 0251935518  
**Humana:** A30043  
**AZ Blue:** 1649583238

# Optum Primary Care (OPC) providers

## West Valley

### OPC – Surprise – W. Bell Rd./Parkview Pl.

14973 W. Bell Rd., Ste. 100  
Surprise, AZ 85374  
1- 623-815-2900, TTY 711



#### Ravi Bajpai, DO

Dr. Ravi Bajpai is an internal medicine physician and native Arizonan who has been practicing locally for over 15 years. He attended Arizona College of Osteopathic Medicine, and he completed his residency at Banner University Medical Center (formerly Banner Good Samaritan Medical Center). Dr. Bajpai is dedicated to helping all his patients achieve their long-term health goals.

**NPI:** 1083798334  
**United:** PR-7094373  
**Humana:** 811749,  
251930397  
**AZ Blue:** 1083798334



#### Jacob Jones, DPM

Dr. Jacob Jones specializes in podiatric medicine. He attended medical school at Des Moines University – College of Podiatric Medicine and Surgery, and he completed his residency with Southern Arizona VA Healthcare System. Dr. Jones is driven by helping patients find relief from pain and discomfort.

**NPI:** 1720213598  
**United:** 3486325  
**AZ Blue:** 1720213598



#### Constantin Siclovan, MD

**NPI:** 1164613675  
**United:** 1702993,  
251931972  
**Humana:** A03950  
**AZ Blue:** 1164613675



#### Bradley Hall, PA-C

**NPI:** 1295761153  
**Humana:** A03948  
**AZ Blue:** 1295761153

# Optum Primary Care (OPC) providers

## West Valley

### OPC – Surprise – W. Bell Rd./Parkview Pl., cont.



**Ameet Shukla, PA-C**

**NPI:** 1447307921

**United:** 4588808

**AZ Blue:** 1447307921



**Celine Villariz, NP**

**NPI:** 1013268630

**United:** 3641600,  
251935412

**Humana:** 491741

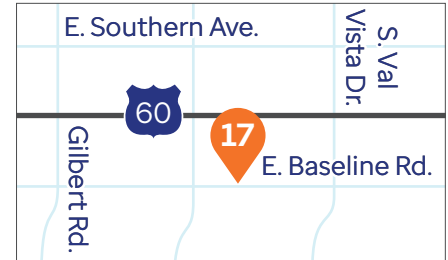
**AZ Blue:** 1013268630

# Optum Primary Care (OPC) providers

## East Valley

### OPC – Baseline

3048 E. Baseline Rd., Ste. 120  
Mesa, AZ 85204  
**1-480-505-3276, TTY 711**



#### **Brian Andrews, MD**

Dr. Brian Andrews is a board-certified internal medicine physician. He attended medical school at the University of Arizona, and he completed his residency at Good Samaritan Medical Center. Dr. Andrews has been in practice for over 3 decades. He focuses on caring for long-lasting illnesses. That includes diabetes and cardiovascular (heart) and pulmonary (lung) illnesses. He also passionately believes in the power of preventive medicine.

**NPI:** 1326127473  
**United:** 25193-4915,  
251935562  
**Humana:** 060070  
**AZ Blue:** 1326127473



#### **Anu Nutakki, MD**

Dr. Anu Nutakki is an internal medicine physician. An Arizona native, she attended medical school at University of Arizona College of Medicine, and she completed her medicine-pediatrics (med-peds) residency at Phoenix Children's Hospital. Dr. Nutakki promotes patient education in her practice. This helps her patients live healthy and stop illnesses early.

**NPI:** 1386605657  
**United:** 25193-4914  
**Humana:** 060068  
**AZ Blue:** 1386605657



#### **Michele Davis, APRN**

**NPI:** 1821690157  
**United:** 251935546  
**AZ Blue:** 1821690157



#### **Haleigh Sanfilippo, APRN**

**NPI:** 1720725682  
**United:** 251935584  
**AZ Blue:** 1720725682

# Optum Primary Care (OPC) providers

## East Valley

### OPC – Baseline, cont.



**Tierney Shea, PA-C**

**NPI:** 1952829582  
**United:** 00010920355  
**Humana:** A30056  
**AZ Blue:** 1952829582



**Marcee Wharton, PA-C**

**NPI:** 1760442784  
**United:** 0251935580  
**Humana:** A30060  
**AZ Blue:** 1760442784

### OPC – Chandler

600 S. Dobson Rd., Ste. D-27  
Chandler, AZ 85224  
**1-480-496-0000, TTY 711**



**Pina Shah, MD**

Dr. Pina Shah is an internal medicine physician. She attended medical school at B.J. Medical College in India, and she completed her residency at Tucson Hospitals Medical Education Program. Dr. Shah is also active in the Arizona chapter of the American College of Physicians.

**NPI:** 1336110584  
**United:** 0251935554  
**Humana:** A30046  
**AZ Blue:** 1336110584



**Saraswati Hamal, APRN**

**NPI:** 1831711670  
**United:** 251935400,  
0251935564  
**Humana:** A30013  
**AZ Blue:** 1831711670



# Optum Primary Care (OPC) providers

## East Valley

### OPC – Dobson

1100 S. Dobson Rd., Ste. 100  
Chandler, AZ 85286  
**1-480-816-3131, TTY 711**



**Michelle Yoo, PA-C**



**NPI:** 1053655043  
**United:** 0251935575  
**Humana:** A30052  
**AZ Blue:** 1053655043

### OPC – Gilbert

3420 S. Mercy Rd., Ste. 101  
Gilbert, AZ 85297  
**1-480-899-4420, TTY 711**



**Leo Odle, DO**

Dr. Leo Odle is an internal medicine physician. He attended medical school at Kirksville College of Osteopathic Medicine, and he completed his residency at St. Joseph's Hospital and Medical Center. Dr. Odle practices in a collaborative, evidenced-based manner. This emphasizes long-term doctor-patient relationships.



**NPI:** 1073601415  
**United:** 25193-4804,  
251935521  
**Humana:** 005014  
**AZ Blue:** 1073601415



**Jon Holden, PA-C**

**NPI:** 1174022198  
**United:** 0251935401  
**Humana:** A30029  
**AZ Blue:** 1174022198

# Optum Primary Care (OPC) providers

## East Valley

### OPC – Gilbert, cont.



**Patrick Lopez, APRN**

**NPI:** 1942740048  
**United:** 251935559  
**AZ Blue:** 1942740048

### OPC – Maricopa

21300 N. John Wayne Pkwy., Ste. 123  
Maricopa, AZ 85239  
**1-520-494-7778, TTY 711**



**Steven Macko, MD**

Dr. Steven Macko is a board-certified family medicine physician. He attended medical school at the University of New Mexico, and he completed his residency at Tacoma Family Medicine. Dr. Macko specializes in pediatrics and diabetes. He also promotes overall health maintenance strategies.

**NPI:** 1639155070  
**United:** 32717-0043,  
251935399,  
0327170200  
**Humana:** 469304  
**AZ Blue:** 1639155070



**Kyle Stoeckmann, MD**

Dr. Kyle Stoeckmann is an internal medicine physician. She attended medical school at the University of Arizona, and she completed her residency at Good Samaritan Regional Medical Center. Dr. Stoeckmann teaches her patients how to keep themselves safe from illnesses. She also has experience in the care of chronic (long-lasting) health problems. These include diabetes and arthritis.

**NPI:** 1154322907  
**United:** 32717-0044,  
0251935542,  
0327170198  
**Humana:** 469305  
**AZ Blue:** 1154322907

# Optum Primary Care (OPC) providers

## East Valley

### OPC – Maricopa, cont.



**Polina Barboy, APRN**

**NPI:** 1649877267  
**United:** 251935579  
**Humana:** A30006  
**AZ Blue:** 1649877267

### OPC – San Tan

36283 N. Gantzel Rd., Ste. 101  
San Tan Valley, AZ 85140  
**1-480-351-7277, TTY 711**



**Tina Menghe, APRN**

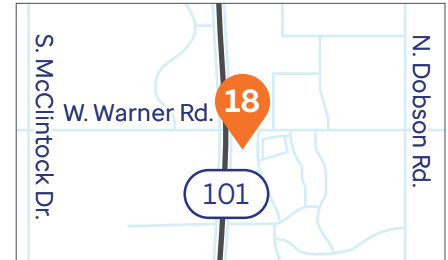
**NPI:** 1235343120  
**United:** 327170199  
**Humana:** A30048  
**AZ Blue:** 1235343120

# Optum Primary Care (OPC) providers

## East Valley

### OPC – Warner Rd.

2905 W. Warner Rd., Ste. 12  
Chandler, AZ 85224  
**1-480-831-8457, TTY 711**



#### Tyrone Hanks, DO

Dr. Tyrone Hanks is a family medicine physician. He attended medical school at Kansas City University of Medicine and Biosciences, and he completed his residency at St. Joseph's Hospital and Medical Center. Dr. Hanks strongly believes in a strong doctor-patient relationship. This helps with long-term positive health outcomes.

**NPI:** 1952587750  
**United:** 3279464,  
251934591  
**Humana:** 672973  
**AZ Blue:** 1952587750



#### Aaron Shumway, MD

Dr. Aaron Shumway is a family medicine physician. He attended medical school at Ross University School of Medicine, and he completed his residency at Yuma Regional Medical Center Family and Community Medicine. Dr. Shumway is devoted to giving patients complete care. He does this in a welcoming setting.

**NPI:** 1528627627  
**United:** 251935351  
**Humana:** 95256  
**AZ Blue:** 1528627627



#### Adia Taylor, DO

Dr. Adia Taylor is a family medicine physician. She attended medical school at Kansas City University of Medicine, and she completed her residency at Peconic Bay Medical Center and United Memorial Medical Center. Dr. Taylor sees the care journey as a team effort. She helps patients boost their health with holistic living changes.

**NPI:** 1790004455  
**United:** PR-6923539  
**Humana:** 095256  
**AZ Blue:** 1790004455



#### Mary Burton, NP

**NPI:** 1316415979  
**United:** 251935448  
**Humana:** 095490  
**AZ Blue:** 1316415979

# Optum Primary Care (OPC) providers

## East Valley

### OPC – Warner Rd., cont.



**Cameron Ferrier, APRN**

**NPI:** 1720592827

**AZ Blue:** 1720592827

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**Kristin Jamison, NP**

**NPI:** 1245685510

**United:** PR-7091423,  
251935447

**Humana:** A03589

**AZ Blue:** 1245685510

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**Susanna Kapoor, PA-C**

**NPI:** 1720224520

**United:** 251935451

**Humana:** 163065

**AZ Blue:** 1720224520

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**Christopher Serrone, NP**

**NPI:** 1366830945

**United:** 5749454,  
251935449

**Humana:** 059574

**AZ Blue:** 1366830945

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**Ericka Vaughn, NP**

**NPI:** 1942771506

**United:** 0333942322

**Humana:** 046920

**AZ Blue:** 1942771506

# Optum Primary Care (OPC) providers

## Northern Arizona

### OPC – Cottonwood

203 S. Candy Ln., Ste. 13 AB  
Cottonwood, AZ 86326  
**1-928-649-1389, TTY 711**



**Thomas Wendel, MD**

**NPI:** 1750310355  
**AZ Blue:** 1750310355



**Angie Coil, NP**

**NPI:** 1700247509  
**United:** 6120077,  
251935885  
**AZ Blue:** 1700247509



**Terah Walsworth, PA-C**

**NPI:** 1568476802  
**AZ Blue:** 1568476802



# Optum Primary Care (OPC) providers

## Northern Arizona

### OPC – N. Fourth St.

2001 Fourth St.  
Flagstaff, AZ 86004  
**1-928-527-4325, TTY 711**



#### **Chad Taylor, DO**

Dr. Chad Taylor is a board-certified family medicine physician. He attended medical school at A.T. Still University School of Osteopathic Medicine, Arizona (ATSU-SOMA), and he completed his residency at Kingman Regional Medical Center Family Medicine Residency Program. Besides his practice, Dr. Taylor is also ATSU-SOMA's regional director of medical education.

**NPI:** 1871937417  
**United:** 6112516  
**AZ Blue:** 1871937417



#### **Tara Creech, PA-C**

**NPI:** 1184275851  
**United:** 8237361  
**AZ Blue:** 1184275851



#### **Sunghoon Kim, NP**

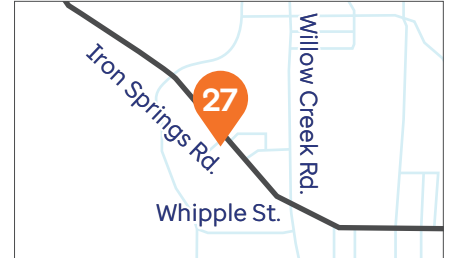
**NPI:** 1114682481  
**United:** 7886637  
**AZ Blue:** 1114682481

# Optum Primary Care (OPC) providers

## Northern Arizona

### OPC – Prescott

1151 Iron Springs Rd., Ste. F-J  
Prescott, AZ 86305  
**1-928-800-5701, TTY 711**



**Kevin Thomas, DO**

**NPI:** 1730143637  
**United:** 251935914  
**AZ Blue:** 1730143637



**Christina Sternesky, APRN**

**NPI:** 1982283743  
**United:** 251935886  
**AZ Blue:** 1982283743

### OPC – Prescott Valley

3190 N. Windsong Dr.  
Prescott Valley, AZ 86314  
**1-928-800-5701, TTY 711**



# Optum Primary Care (OPC) providers

## Northern Arizona

### OPC – Yale St.

1501 S. Yale St., Bldg. 2, Stes. 150 and 151  
Flagstaff, AZ 86001  
**1-928-527-4325, TTY 711**



**Karen Damgaard, PA-C**

**NPI:** 1376600171  
**United:** 2748797  
**Humana:** 616679  
**AZ Blue:** 1376600171



**John Moeser, PA-C**

**NPI:** 1902590706  
**AZ Blue:** 1902590706



**Elysia Small, PA-C**

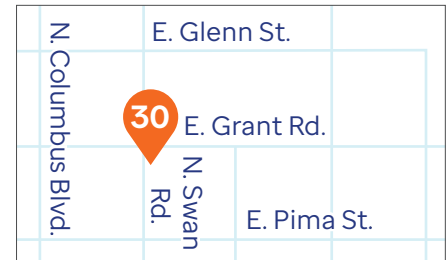
**NPI:** 1174074991  
**United:** 6712236  
**Humana:** 616680  
**AZ Blue:** 1174074991

# Optum Primary Care (OPC) providers

## Tucson Metro

### OPC – East Grant

4730 E. Grant Rd.  
Tucson, AZ 85712  
**1-520-290-0300, TTY 711**



#### Patrick Noonan, DO

Dr. Patrick Noonan is an internal medicine physician. He attended medical school at Kirksville College of Osteopathic Medicine, and he completed his residency at University of Iowa Hospitals and Clinics. Dr. Noonan's interests lie in caring for long-lasting illnesses. He also emphasizes healthy living and preventive care.

**NPI:** 1346561040  
**United:** 32064-0267  
**AZ Blue:** 1346561040



#### Rodolfo Penaflor, MD

Dr. Rodolfo Penaflor is an internal medicine physician. He attended medical school at Far Eastern University - Dr. Nicanor Reyes Medical Foundation in Manila, Philippines, and he completed his residency at Tucson Hospitals Medical Education Program. Dr. Penaflor specializes in preventive care. He believes in caring for the patient's whole health, not just a single issue.

**NPI:** 1821072018  
**United:** 32064-0265  
**AZ Blue:** 1821072018



#### Christine Querimit, MD

Dr. Christine Querimit is a family medicine physician. She attended medical school at the University of Santo Tomas in Manila, Philippines, and she completed her residency at the family medicine program of St. Mary Mercy Hospital in Michigan. Dr. Querimit gives care to patients of all ages. She especially focuses on promoting health and stopping illnesses.

**NPI:** 1295174522  
**United:** 0197815044  
**Humana:** 328358  
**AZ Blue:** 1295174522

# Optum Primary Care (OPC) providers

## Tucson Metro

### OPC – East Grant, cont.



**Mark Zaetta, MD**

Dr. Mark Zaetta is an internal medicine physician. He attended medical school at Temple University, and he completed his residency at Allegheny General. Dr. Zaetta believes in partnering with his patients. He does this to help them meet their long-term health and wellness goals.

**NPI:** 1114901394  
**United:** 0320640270  
**AZ Blue:** 1114901394



**Kaitlin Compton, APRN**

**NPI:** 1689458739  
**United:** 0320640345  
**AZ Blue:** 1689458739



**Casandra Crowson, APRN**

**NPI:** 1104464270  
**United:** 0320640229  
**AZ Blue:** 1104464270



**Susan Gabbard, APRN**

**NPI:** 1750603049  
**AZ Blue:** 1750603049



**Elena McCabe, APRN**

**NPI:** 1649791450  
**United:** 0320640255  
**AZ Blue:** 1649791450

# Optum Primary Care (OPC) providers

## Tucson Metro

### OPC – East Grant, cont.



**Zoe Warren, PA-C**

**NPI:** 1699329458  
**United:** 0320640320  
**AZ Blue:** 1699329458



**Melinda Wildman, APRN**

**NPI:** 1174205041  
**United:** 0320640362  
**AZ Blue:** 1174205041

### OPC – Green Valley

695 S. Pecan Tree Ln.  
Green Valley, AZ 85614  
**1-520-625-8116, TTY 711**



**Martha Lizarraga De Garza, APRN**

**NPI:** 1366420648  
**United:** 32064-0120  
**Humana:** 332681  
**AZ Blue:** 1366420648



# Optum Primary Care (OPC) providers

## Tucson Metro

### OPC – Ina

1669 W. Ina Rd., Ste. 141  
Tucson, AZ 85704  
**1-520-795-6183, TTY 711**



#### **Danielle Brower, DO**

Dr. Danielle Brower is a board-certified internal medicine physician. She attended medical school at Midwestern University, and she completed her residency at Canyon Vista Medical Center. Dr. Brower focuses on preventive medicine and evidence-based care.

**NPI:** 1306233564  
**United:** 32064-0266  
**Humana:** 443623  
**AZ Blue:** 1306233564



#### **James Smith, MD**

Dr. James Smith is an internal medicine physician. He attended medical school at Drexel University College of Medicine, and he completed his residency at Mercy Catholic Medical Center in Pennsylvania. Dr. Smith has a special interest in caring for hepatitis C. He also helps patients with obesity and weight care.

**NPI:** 1215043062  
**United:** 32064-0022  
**Humana:** 627198  
**AZ Blue:** 1215043062

# Optum Primary Care (OPC) providers

## Tucson Metro

### OPC – Midvale

1460 W. Valencia Rd.  
Tucson, AZ 85746  
**1-520-573-0966, TTY 711**



#### Jeffrey Courville, MD

Dr. Jeffrey Courville is a family medicine physician. He attended medical school at University of Texas Health Science Center Houston, and he completed his residency at Texas A&M Family Medicine. Dr. Courville has spent his 10 years of practice in Southern Arizona. He emphasizes evidence-based care.

**NPI:** 1801123948  
**United:** 32064-0276  
**Humana:** 051563  
**AZ Blue:** 1801123948



#### David Musicant, DO

**NPI:** 1831177112  
**United:** 32064-0206  
**Humana:** 320890  
**AZ Blue:** 1831177112



#### Carlos Aguilar, PA-C

**NPI:** 1477520484  
**United:** 32064-0190  
**AZ Blue:** 1477520484



#### Ana Maria Burger, APRN

**NPI:** 1356985774  
**United:** 32064-0230  
**Humana:** 682100  
**AZ Blue:** 1356985774

# Optum Primary Care (OPC) providers

## Tucson Metro

### OPC – Midvale, cont.



**Aimee Herron, APRN**

**NPI:** 1083385942  
**AZ Blue:** 1083385942



**Anna-Karina Marco, APRN**

**NPI:** 1992316566  
**United:** 0320640261  
**AZ Blue:** 1992316566



**Diana Rauckman, APRN**

**NPI:** 1902885262  
**United:** 32064-0180  
**Humana:** 320892  
**AZ Blue:** 1902885262

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1. [optum.com/library/medicare-advantage/page.hub.patient-surveys.html](https://optum.com/library/medicare-advantage/page.hub.patient-surveys.html)
2. Programs and resources vary based on location and network.

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